

## Broward County Public School's Strategic Plan to Address Bullying/Cyberbullying 2011-12

Program/Service/ Activity	Description	Accessing Resource
Policy	<p><b>Anti-Bullying Policy 5.9, Procedural Manual</b></p> <p><b>Dating Violence Policy 5010</b></p>	<p>browardprevention.org browardschools.com Anti-Bullying CAB Conference</p>
Prevention Liaison	<p>As per Policy 5.9, each school in the district has a Prevention Liaison who is responsible for the dissemination of prevention curriculum related to the four strands of prevention – violence prevention (the Bullying Policy, etc), substance abuse prevention, instructional strategies, as well as health and wellness. The Prevention Liaison is provided prevention resources by Diversity, Cultural Outreach &amp; Prevention (DCO&amp;P) and is responsible to train their school staff, students and parents on the yearly Anti-Bullying Policy Training Modules.</p>	<p>School based staff</p>
Investigative Designee	<p>As per Policy 5.9, each school in the district has an Investigative Designee who is responsible for receiving all bullying complaints, investigating all bullying complaints, and ensuring the schoolwide adherence of the Policy requirements (anonymous reporting boxes, etc.).</p>	<p>School based administrator</p>
The Prevention Team	<p>Collects data and enacts prevention efforts within each school. Provides ongoing guidance and training to students and adult advisors to ensure violence prevention success.</p>	<p>School based staff and administrators</p>
Trainings	<p>DCO&amp;P provides the following annual and bi-annual mandatory Policy 5.9 trainings:</p> <ul style="list-style-type: none"> <li>• <b>Anti-Bullying Policy 5.9 Investigative Designee and Bullying Management System Training</b></li> <li>• <b>Prevention Liaison Training</b></li> <li>• <b>Anti-Bullying Policy 5.9 Before and After Care Provider Training</b></li> </ul> <p>Every year, every school trains the following to all staff, students and parents:</p> <ul style="list-style-type: none"> <li>• <b>Anti-Bullying Policy 5.9 Parent Training Module</b></li> <li>• <b>Anti-Bullying Policy 5.9 Teacher Training Module</b></li> <li>• <b>Anti-Bullying Policy 5.9 Student Training Module</b></li> </ul>	<p>Sign up on ESS</p> <p>For assistance, call DCO&amp;P 754-321-2568</p> <p>At each school by Prevention Liaison</p>



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	<ul style="list-style-type: none"> <li>• <b>December 10 (HUMAN RIGHTS DAY)</b></li> <li>• <b>January 23-27 (NO NAME CALLING WEEK)</b></li> <li>• <b>March 19-23 (VIOLENCE PREVENTION WEEK)</b></li> <li>• <b>April 20, 2012 (DAY OF SILENCE)</b></li> </ul> <p><b>Monthly Character Trait:</b> every month is a new character trait with corresponding Newsletter, Reality Avenue/Lane video, and classroom lessons.</p>	Prevention Programs CAB Conference
<b>Curriculums</b>	<p><b>Get Real About Violence:</b> a research-based prevention program infused into an existing curriculum to address a wide range of violent behavior in students from kindergarten through 12th grade—from bullying and verbal aggression at early grades through fighting and social exclusion at middle grades to relationship abuse and assaults occurring in later grades. The program encourages students to identify alternative attitudes and norms leading to a violence free community.</p>	All Prevention Liaisons have the DVD. Select schools have a site license. Anti-Bullying CAB Conference Prevention Programs CAB Conference
	<p><b>Stop Bullying Now:</b> free resource kit includes videos, booklets and work sheets for primary students.</p>	stopbullying.hrsa.gov
	<p><b>Don't Laugh At Me:</b> The goal of this free program is to create a caring, compassionate, and cooperative classroom and school environment. The activities are designed to raise awareness, explore feelings, connect children to their inner selves and build essential social skills. DLAM is currently used as this year's theme with all of the Before and After Care Providers.</p>	www.operationrespect.org
	<p><b>Safe Dates:</b> Dating violence prevention curriculum, grades 6-12.</p>	All Prevention Liaisons have the DVD. Select schools have a site license. Anti-Bullying CAB Conference Prevention Programs CAB Conference
	<p><b>Dating Matters:</b> free 60-minute, interactive training is designed to help educators, youth-serving organizations, and others working with teens understand the risk factors and warning signs</p>	www.cdc.gov/violenceprevention/DatingMatt

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	associated with teen dating violence. Mail in request for dating violence prevention instructional DVD which operates like a course and contains classroom curriculum and resources.	ers
	<b>iSafe Internet Safety:</b> made available district wide through DCO&P's purchase of a site license, the curriculum and videos combine classroom education and community outreach into one unique program to educate others in regard to Internet safety and violence prevention (cyberbullying, sexting, online predators, etc).	In Blackboard, Anti-Bullying CAB Conference, & Prevention Programs CAB Conference
	<b>Netsmartz:</b> free Internet safety, cyberbullying comprehensive online safety education for grades K-12 with free easy-to-use Kits, downloadable videos and lesson plan PDFs.	www.netsmartz.org
	<b>Bullied: A Student, a School and a Case That Made History:</b> free DVD is a documentary film chronicles a student's ordeal at the hands of anti-gay bullies includes: 40-minute documentary film (DVD), with closed captioning and with Spanish subtitles; two-part viewer's guide with standards-aligned lesson plans and activities for use in staff development; more materials online. This video was part of the mandatory follow up to the Investigative Designee training for the 2010-11 school year, requiring all school staff be trained using it.	www.tolerance.org/bullied
	<b>BEEP:</b> innumerable lessons available on violence prevention related topics for all grade levels.	Browardschools.com
	<b>Character Education:</b> Mandated state and district-wide initiative in which a monthly Newsletter, Reality Avenue/Lane videos, and activities are made available for teachers to infuse within their curriculum on the eight character traits (Responsibility, Citizenship, Kindness, Respect, Honesty, Self-Control, Tolerance, and Cooperation). These traits are implemented on all grade levels.	browardprevention.org browardschools.com Anti-Bullying CAB Conference Prevention Programs CAB Conference
	<b>HealthTeacher:</b> a free comprehensive K-12 curriculum addressing knowledge, attitudes, and skills development and provides opportunities to practice behaviors promoting lifelong health. Health Teacher's scope and sequence and lesson plans are aligned with Florida's Next Generation Sunshine State Standards. Possible through the generosity of the Miami Children's Hospital.	1. Go to www.healthteacher.com 2. Click on the green "Sign Up" button at the top of the page 3. Enter your group code: browardfl
	<b>Act Now!:</b> evidenced based e-game for middle school bullying prevention at selected schools.	Call DCO&P 754-321-2568

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	<b>United For Human Rights:</b> free videos, pamphlets and educational kits with curriculum surrounding the topic of human rights.	humanrights.com
	<b>Teaching Tolerance:</b> free downloadable curricula, classroom activities, e-newsletter.	teachingtolerance.org
	<b>Net Cetera:</b> This free guide and toolkit encourages students to reduce online risks.	onguardonline.gov
<b>Data Collection</b>	<b>Bullying Management System (BMS):</b> Districtwide system used to assure uniform investigation and tracking of all bullying complaints.	Accessible via BASIS and Virtual Counselor
	<b>District Prevention Assessment:</b> Used with selected schools, assesses risk factors, sense of safety and violence.	Sent to Prevention Liaisons and school Principal
	<b>Youth Risk Behavior Survey (YRBS):</b> administered throughout the United States to high school students (grades 9-12). Designed to monitor priority health-risk behaviors contributing to the leading causes of mortality, morbidity and social problems among youth and adults. Broward County Schools has been administering this survey every other year since 1991 to a sample group of students in grades 9-12.	browardprevention.org  cdc.gov/HealthyYouth/yrbs
	<b>Annual Customer Survey:</b> Administered to students, parents, and teachers with questions related to bullying and reporting.	browardschools.com browardprevention.org
<b>Specialized Bullying Intervention Strategies, videos</b>	<b>Support Group Method:</b> a simple and effective seven step bullying prevention and intervention technique. The instructional video and step by step guide and forms are available online.	browardprevention.org
	<b>The Power of One:</b> this six to eight week group violence prevention program is designed around youth intervention and empowerment through the informal facilitation of clique/gang leaders.	Anti-Bullying CAB Conference
	<b>Investigative Designee Instructional Video:</b> gives instruction on the process and procedures of bullying complaint investigation and Policy 5.9.	Prevention Programs CAB Conference
	<b>Parent Anti-Bullying Policy Introduction Video:</b> gives information on the process of bullying complaints and Policy 5.9.	And on BECON TV's EduVision Video Portal, <a href="https://becon223.eduvision.tv">https://becon223.eduvision.tv</a>
	<b>Parent Anti-Bullying Video, Teach Your Kids To Choose Peace and Stop Violence:</b> an excellent tool on "how to" help our children combat bullying whether they are a target, bystander, or aggressor.	

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	<p><b>Student Anti-Bullying Policy Introduction Video:</b> gives information on the process of bullying complaints and Policy 5.9.</p> <p><b>Student Anti-Bullying Video K-5, 6-13, Choosing Peace To Stop Bullying Violence:</b> This video is an excellent tool on “how to” help combat bullying whether you are a target, bystander, or aggressor.</p> <p><b>Teacher Anti-Bullying Policy Video:</b> gives information on the process of bullying complaints and Policy 5.9.</p>	<p>Call DCO&amp;P 754-321-2568 for more information</p>
<b>Conflict Mediation</b>	<p>This program trains students to act as mediators for other students. It provides an opportunity to address issues causing conflict and helps to prevent future conflicts. Conflict Mediation on the secondary level is facilitated through peer counseling in the majority of middle and high schools. All secondary schools have a program in place. In the elementary schools, it is done on a voluntary basis, with schools electing to have the program.</p>	<p>Call DCO&amp;P 754-321-2568 for more information</p>
<b>Website &amp; CAB Based Resources</b>	<p><b>DCO&amp;P website <a href="http://www.browardprevention.org">www.browardprevention.org</a>:</b> Provides continuous updated information and resources related to the four strands of prevention - violence prevention, substance abuse prevention, health and wellness, and curriculum infusion.</p> <p>The specialized, monitored CAB conferences with numerous resources on violence prevention for staff throughout the district are:</p> <ul style="list-style-type: none"> <li>● <b>Anti-Bullying CAB Conference</b></li> <li>● <b>Prevention Programs CAB Conference</b></li> <li>● <b>Prevention Liaison CAB Conference</b></li> <li>● <b>Peer Counseling CAB Conference</b></li> <li>● <b>Bullying Management System CAB Conference</b></li> </ul>	<p><a href="http://browardprevention.org">browardprevention.org</a></p> <p>To access CAB Conferences, contact DCO&amp;P at 754-321-2568</p>
<b>Poster and Material Dissemination to</b>	<p>Each school receives and posts the following violence prevention posters:</p> <ul style="list-style-type: none"> <li>● <b>Mandated Reporters Staff Poster</b></li> </ul>	<p>Call DCO&amp;P 754-321-2568 for more information</p>

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<p style="text-align: center;"><b>Schools</b></p>	<ul style="list-style-type: none"> <li>● <b>Student Anti-Bullying How to Report Classroom Poster</b></li> <li>● <b>Choose Peace Stop Violence Poster</b></li> <li>● <b>Silence Hurts Campaign Poster</b> (from SIU)</li> <li>● <b>Dating Violence Prevention Poster</b></li> </ul> <p>Bullying prevention books and DVDs disseminated to the schools are:</p> <ul style="list-style-type: none"> <li>● <b><i>Stand Tall</i></b></li> <li>● <b><i>Brave As</i></b></li> <li>● <b><i>Help Prevent Bullying – A Guide for Parents: a launch and learn CD</i></b></li> </ul> <p><b>Resource Libraries:</b> DCO&amp;P provides resource libraries to Peer Counseling Coordinators and Prevention Liaisons. These sets of 40 books are rotated for two week periods to the teachers and their classes. Some examples of the books being rotated are: Odd Girl Out, The Misfits, Inside Out, The Knight in Rusty Armor, Define Normal, and The Revealers.</p>	
<p style="text-align: center;"><b>Online Courses</b></p>	<p>A variety of interactive on-line courses are offered throughout the academic year. Throughout the courses, participants implement bullying prevention curricula with students and share their observations with colleagues. Some of the offered courses are:</p> <ul style="list-style-type: none"> <li>● <b>Bullying – It Takes Three:</b> Participants will receive an in-depth overview of bullying and the key roles each of the three players hold within the bullying triangle to prevent and intervene. Particular emphasis will be placed as well on how to train students on this same information.</li> <li>● <b>Improving School Culture:</b> Participants in this course will learn strategies and methodologies for shaping and improving school culture by examining current structures in reducing student risk factors, and increasing protective factors on campus.</li> <li>● <b>Violence Prevention:</b> Research has shown violence prevention remains one of the most effective tools for academic success. This Violence Prevention course uses the latest information and tools to educate and empower youth and adults to prevent and intervene when there is a risk of violence. The course covers the latest trends in the spectrum of violence toward self (suicide, self injury) as well as violence toward others (from the early inception of disrespect and mistrust at the core of bullying to dating/domestic violence and Internet Safety/Abduction prevention).</li> </ul>	<p style="text-align: center;">www.sbbc-vu.com</p> <p style="text-align: center;">browardprevention.org</p>

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	<ul style="list-style-type: none"> <li> <b>Behavior Management:</b> This course provides support and strategies for dealing with difficult students and assists teachers who have already established their routines and rules, and have solid instruction based on information in Instructional Delivery. When both of these are in place and students are still not learning or creating disturbances in the classroom, teachers need assistance and strategies for dealing with these situations.         </li> </ul>	
<b>Other Supporting Community Initiatives</b>	<p><b>Choose Peace Stop Violence:</b> an ongoing effort, highlighted during the week of September 19<sup>th</sup>, aimed at creating peace in Broward County. Families work to reduce and prevent violence with the brochure, "What Families Can Do to Prevent Youth Violence", teachers with the activities flyer, and parents with the Choose Peace Parent Guide.</p> <p><b>The Broward County Youth Anti-Violence Coalition:</b> brings together elected officials, students, law enforcement, faith-based leaders, the business community, charitable foundations, institutions of learning, the media, judges and other stakeholders committed to county-wide change through the implantation of local solutions.</p> <p><b>Agents of Change Summits:</b> a county-wide effort with select group of students from various SBBC middle schools met at the Summit to share their best violence prevention practices from their school and community. Students attended trainings and returned back to school with a youth-driven plans of action based on what they learned. The summit's goal is to bridge Broward County's youth development partners, community members and young people to collaborate in the Choose Peace/Stop Violence Youth Movement.</p> <p><b>Safe To Be Me Coalition:</b></p>	<p>choosepeacestopviolence.org call (954)462-4850 Ext. 141</p> <p><a href="http://teenspace211.org">http://teenspace211.org</a></p> <p>browardprevention.org</p>
<b>Pro-Social Clubs</b>	<p><b>Gay Straight Alliances (GSA):</b> pro-social groups receive support to implement resources to assist students in this area to prevent discrimination and abuse.</p> <p><b>Human Relations Council:</b> The purpose is to SUPPORT (1) a school environment where respect for diversity is promoted and practiced daily; (2) the belief that all individuals must be treated with</p>	<p>At each self chosen school.</p> <p>Call DCO&amp;P 754-321-2568 for more</p>

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	<p>respect and dignity (3) a school environment where all students feel safe within their own identity. With the assistance of community partners, participants are trained on how to be an ally to others, how to interrupt name-calling and bullying and on creating non-violent, safe, respectful, and civil learning environments resulting in the overall goal of improved student achievement. Presently, all secondary schools, including eleven centers have implemented a HRC.</p> <p><b>Rachel's Challenge:</b> select schools have chosen to implement this presentation and bullying prevention support club.</p> <p><b>IGNITUS (formerly Youth Crime Watch of Broward County):</b> encourages students to take the lead in efforts to maintain a safe, violence-free school environment.</p> <p><b>The Peace Rangers Human Relations Program:</b> support a school environment where all students will feel safe in their own identity, and support positive human relations in school and community-related activities. The program trains students to become "Peace Rangers" who actively promote peace in their schools. The program includes curriculum materials for classroom use.</p>	information
<b>Peer Counseling</b>	Peer counseling is an elective middle and high class providing a full range of services to students, the school and innovation zones through structured in-school and outreach activities. Peer counselors represent a select cross-section of students who act as helpers and active listeners for their fellow students. The focus of the curriculum is preventative. It addresses a multitude of social, individual, school and family concerns and has a focus on violence and substance abuse prevention issues. In addition to helping peers with individual concerns, peer counselors provide classroom presentations on teen issues, violence prevention and other related topics.	Call DCO&P 754-321-2568 for more information
<b>Olweus Bullying Prevention Program</b>	The Office of Prevention has the District's only Certified Olweus Trainer working with schools choosing to utilize this well researched and world renowned systemic approach. <i>Requires the purchase of materials and a minimum 3 year commitment.</i>	Call DCO&P 754-321-2568 for more information
<b>Television</b>		

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<b>Programs</b>	<p><b>Reality Avenue, Reality Lane:</b> a Telly award winning, innovative, and engaging series of prevention and character education programs with corresponding Sunshine State Standardized classroom lessons. Topics covered include addiction, body image, bullying, each of the monthly character traits and more. Accessible for viewing nationally via the DCO&amp;P website and to all families in the Tri-County area through <u>BECON TV</u>, as well as the Comcast cable and Direct TV.</p>	<p>browardprevention.org</p> <p>Available for viewing on BECON TV's EduVision Video Portal, <a href="https://becon223.eduvision.tv">https://becon223.eduvision.tv</a></p>
<b>Anonymous Reporting Methods</b>	<p><b>Silence Hurts Campaign:</b> encourages a student to break the code of silence regarding potentially dangerous situations on school grounds. Coordinators distribute posters to schools. The importance of speaking up is stressed; along with prevented violence by students who refused to allow themselves or their classmates to become victims. Students may make reports via the phone, internet email, or cell phone text.</p> <p><b>Anonymous Reporting Box:</b> each school is mandated per Policy 5.9 to have an Anonymous Reporting Box at their single point of entry. It is recommended the box double as a "shout out" box to also celebrate positive student interactions.</p>	<p>Call 754-321-0911, Text 'SBBC' [space], plus the text message to CRIMES (274637) or Email SIU at <a href="mailto:school911@browardschools.com">school911@browardschools.com</a></p>
<b>Threat Assessment</b>	<p>The Threat Assessment Initiative Addresses the three phases of violence prevention: (1) Awareness of the Warning Signs of violence prevention: (2) creation of "safe zones" for students to report concerns, and (3) implementation of school threat assessment teams to determine the level of danger, and to plan interventions to assist the at-risk student and protect potential victims.</p>	<p>Department of Psychological Services 754-321-2490</p>
<b>Youth Mentoring Program</b>	<p><b>BCPS Mentors:</b> mentors work one-on-one with deserving students as a tutor, role model, guide, listener, confidant and friend. Mentors help bridge the gap between school and home by helping students deal with daily issues such as study skills, bullying, goal setting, diversity, college preparation etc.</p> <p><b>BESS Friends:</b> a mentoring component partnered with the BCPS's Peer Counseling curriculums at eight local high schools. Students participating in this initiative will be matched with children from</p>	<p><a href="http://www.getinvolvedineducation.com/mentors">www.getinvolvedineducation.com/mentors</a> 754-321-1972</p> <p>For assistance call Donna Robinson at</p>

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	elementary schools located in their respective communities and will meet twice a month with their "Bess Friend." The program aims to provide the younger children with positive examples they can relate to and to develop the high school students as community leaders.	DCO&P 754-321-2568. Currently at Ely HS, South Broward HS, Dillard HS, Hollywood Hills HS, Boyd Anderson HS, Ft. Lauderdale HS, Hallandale HS, Stoneman Douglas HS