# Annual School Counseling Calendar Plan 2018-2019

# School Name: Winston Park Elementary

# School Number: 3091

Mission Statement-The mission of the School Counseling Program at Rock Island Elementary School is

- 1. To provide a comprehensive program that addresses the academic, life skills, and personal/social development of all students
- 2. To offer directed assistance for "at-risk" behavior and low performing students
- 3. To facilitate data driven interventions and research-based character programs for effective learning

Principal Signature DateSchool CounselorDate_	
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#### August 2018

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Classroom Guidance Lessons		Whole Group	Kindergarten	Delivery classroom guidance lessons once per week for class aligned to Leaps Lesson During Morning meeting
Zoo U Baseline Assessment		Whole Group	k-2 grades	Zoo U assessment and progress monitoring tool as social skills screening for small groups counseling
K-5 At risk Students		Small group	K-5	Assess and reengage students receiving counseling interventions from the previous school year. Determine present need of Guidance and/or interventions.

Individual Counseling	Individuals	K-5	Touch Basis with teachers to determine high risk students in need of Individual School Counseling interventions. Create schedule to deliver services and monitor their effectiveness
Grade Team Meetings	School wide	K-5	Hosting and supporting teachers with implementing classroom behavior intervention plans for students. Create a monitoring schedule to check in and assist teachers with adjusting behavior plans to fit the needs of their students using Go LEAPS, Zoo U, SSGrin and Sandford Harmony Lessons.
504 Meetings	Individuals	K-5	Conduct annual 504 meetings in order to ascertain the present need for accommodations. Develop a monitoring plan for the student and adjust 504 plans as needed.
Kids of Character	School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Discipline Assemblies	School wide	K-5	School Wide Assemblies that communicate baseline behavior expectations as well as the existence of our district wide anti-bullying prevention programs

### September 2018

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Open House		Schoolwide	К-5	Grade level support for teachers and parents and providing information about school wider interventions and community partner resources.
Choose Peace Week		Classroom	1 <sup>st</sup> -2 <sup>nd</sup>	Classroom choose peace projects. students to express peace through art intervention and participation in a positive school climate
Needs assessment		School wide	K-5	Create and distribute a school wide needs assessment questionnaire to help determine which programs to include in this year's School Counseling Plan
Zoo U Program		Small Group	K-5	Students complete lesson sessions for deficiencies on Social/ Emotional Skills based on completed early assessment.
Individual Counseling		Individual	К-5	Weekly meeting with individual student to work on the strengthening of their Social Emotional Learning Skills
Kids of Character		School wide	К-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation		School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as

			well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Small Group Counseling	Small Group	K-5	Provide instruction within the SEL Lab that will develop and strengthen the student's Social Emotional Learning skills. Based on the ASCA SEL competencies.
Parent Newsletter	School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home to promote and support our parent/school connection.

#### October 2018

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group		Small group	1-5	Weekly small group sessions Self-
Counseling				Awareness, Self-Management,
				Responsible Decision Making, Social

Zoo U Program Classroom Guidance Lessons	Small group Whole Group	1-5 Kindergarten- 2 <sup>nd</sup>	<ul> <li>Awareness, Relationship Skills which is based on baseline assessments.</li> <li>Students complete lesson sessions for deficiencies on Social/ Emotional Skills</li> <li>Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies</li> </ul>
Kids of Character	School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation	School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home to promote and support our parent/school connection.
Social Emotional Learning Steering	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our

Committee Monthly Development and Implementation Meetings			students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate
Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Mix It Up Day	School Wide	K-5	School wide campaign for students to move out of their comfort zones and connect with someone new over lunch in the cafeteria.

#### November 2018

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group		Small group	1-5	Weekly small group sessions Self-
Counseling				Awareness, Self-Management,
				Responsible Decision Making, Social
				Awareness, Relationship Skills which is
				based on baseline assessments.

Zoo U Program	Small group	1-5	Students complete lesson sessions for deficiencies on Social/Emotional Skills
Classroom Guidance Lessons	Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character	School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation	School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use to address the Social emotional needs of both their students and themselves.
Start with Hello week Sandy Hook Promise	School wide	K-5	The start with hello initiative was developed by the Sandy hook promise to reduce social isolation and create a connected and inclusive classroom, school and community by participating in socially inclusive activities throughout the week.
Anti-Bullying Week	Schoolwide	K-5	Anti-bullying initiative carried out thought the week

Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Thanksgiving Assistance	School Wide	K-5	Identify students and their family who need assistance during the Thanksgiving Holiday
Social Emotional Learning Steering Committee Monthly Development and Implementation Meetings	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate
Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills

#### December 2018

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group		Small group	1-5	Weekly small group sessions Self-
Counseling				Awareness, Self-Management,
				Responsible Decision Making, Social

			Awareness, Relationship Skills which is based on baseline assessments.
Zoo U Program	Small group	1-5	Students complete lesson sessions for deficiencies on Social/Emotional Skills
Classroom Guidance Lessons	Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character	School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation	School wide	PreK-5 Teachers	SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.

Social Emotional Learning Steering Committee Monthly Development and Implementation Meetings		Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate
Parent Newsletter		School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.
Ask the Counselor	2	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Christmas Cheer	(	School Wide	K-5	

### January 2019

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group Counseling		Small group	1-5	Weekly small group sessions Self- Awareness, Self-Management, Responsible Decision Making, Social Awareness, Relationship Skills which is based on baseline assessments.
Zoo U Program		Small group	1-5	Students complete lesson sessions for deficiencies on Social/ Emotional Skills

Classroom Guidance Lessons	Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character	School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation	School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.

Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Social Emotional Learning Steering Committee Monthly Development and Implementation Meetings	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate

# February 2019

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group Counseling		Small group	1-5	Weekly small group sessions Self- Awareness, Self-Management, Responsible Decision Making, Social Awareness, Relationship Skills which is based on baseline assessments.
Zoo U Program		Small group	1-5	Students complete lesson sessions for deficiencies on Social/Emotional Skills
Classroom Guidance Lessons		Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character		School wide	K-5	Monthly character celebration and acknowledgement for students who

			are selected to receive award through the merit of their actions.
Coffee & Conversation	School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	К-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.
Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will

			assist students with developing strong SEL Decision Making skills
Social Emotional Learning Steering Committee Monthly Development and Implementation Meetings	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate

#### March 2019

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group Counseling		Small group	1-5	Weekly small group sessions Self- Awareness, Self-Management, Responsible Decision Making, Social Awareness, Relationship Skills which is based on baseline assessments.
Zoo U Program		Small group	1-5	Students complete lesson sessions for deficiencies on Social/ Emotional Skills
Classroom Guidance Lessons		Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character		School wide	К-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.

Coffee & Conversation	School wide	PreK-5 Teachers	SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	К-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	К-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.
Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Social Emotional Learning Steering Committee Monthly	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary

Development and Implementation Meetings		concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate

### April 2019

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group Counseling		Small group	1-5	Weekly small group sessions Self- Awareness, Self-Management, Responsible Decision Making, Social Awareness, Relationship Skills which is based on baseline assessments.
Zoo U Program		Small group	1-5	Students complete lesson sessions for deficiencies on Social/ Emotional Skills
Classroom Guidance Lessons		Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character		School wide	K-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation		School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and

Peer Counseling	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons. Weekly Peer helper program will equip
Program			young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.
Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Social Emotional Learning Steering Committee Monthly Development and Implementation Meetings	Small Group	PreK - 5	Monthly committee meetings where the social and emotional wellbeing of our students and staff is our primary concern. Our objective is to develop and implement a program that will promote the growth of a strong and healthy Social Emotional School Climate

### May 2019

Activity	Domain/ Strand	Delivery Method	Grade Level	Description
Small Group Counseling		Small group	1-5	Weekly small group sessions Self- Awareness, Self-Management, Responsible Decision Making, Social Awareness, Relataionship Skills which is based on baseline assessments.
Zoo U Program		Small group	1-5	Students complete lesson sessions for deficiencies on Social/ Emotional Skills
Classroom Guidance Lessons		Whole Group	Kindergarten- 2 <sup>nd</sup>	Delivery classroom guidance lessons aligned to Go Leaps Lessons and the ASCA SEL Competencies
Kids of Character		School wide	К-5	Monthly character celebration and acknowledgement for students who are selected to receive award through the merit of their actions.
Coffee & Conversation		School wide	PreK-5 Teachers	Hosting and supporting teachers in the SEL Lab, before and after school as well as during their planning periods one day per month. Opening the SEL Lab to teachers to promote their familiarization with SEL concepts and resources. Introducing helpful programs, interventions, materials, and resources that teachers can use within their classroom alongside their typical academic lessons.

Ask the Counselor	School Wide	PreK-5	The Counselor appears on the morning announcements to read and answer Guidance related questions which will assist students with developing strong SEL Decision Making skills
Peer Counseling Program	Small Group	4 <sup>th</sup> & 5 <sup>th</sup> Grades	Weekly Peer helper program will equip young students with skills and information necessary to help themselves and others through a series of lessons designed to foster self and social awareness.
Wake Up Calls	Small Groups	K-5	Utilizing parent link to set up wake up calls for parents of students who arrive late to school.
Parent Newsletter	School wide	K-5	Monthly article for Parents newsletter to share and review Social Emotional Learning Strategies for home in order to promote and support our parent/school connection.