# **ELEMENTARY SCHOOL PHYSICAL EDUCATION**

## WHAT'S NEW FOR 2010-2011?

- ♠ A law cited as the "Don Davis Physical Education Act" was passed that contains elementary school physical education requirements.
- Physical education shall consist of physical activities of at least a moderate intensity level.
- **•** The physical activity must be at least 30 **consecutive** minutes per day.
- ★ The legislation does not allow for seatwork/discussion of health, hygiene and nutrition as a substitute for the physical activity noted above.
- Physical education class does align with legislation on days students are scheduled, assuming the activity meets the guidelines of the legislation described above.

## WHAT YOU NEED TO DO?

★ Schedule all students for 30 minutes of consecutive physical activity that has at least moderate intensity on a daily basis.

## WHAT WILL HAPPEN IF YOU DON'T?

- You will not be in compliance with the state mandate.
- Numerous complaints to the Florida Department of Education that may result in a physical education audit.

## WHO NEEDS TO KNOW?

- School based administrators
- Guidance personnel
- Teachers

### HOW WILL YOU COMMUNICATE FOLLOW-UP?

Communicate compliance to appropriate area personnel.

### **CONTACT**

Core Curriculum

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