

STRATEGIC PLAN FOR WELLNESS

WHAT ELSE IS NEW FOR 2007-2008?

- At the August 28th Board Retreat, the draft of the Strategic Plan for Wellness will be shared with the School Board for their direction. There is strong support for this initiative at the Board level to ensure that the learning supports students' needs are recognized and provided to all students.
- The draft plan addresses a Comprehensive System of Learning Supports available at each and every school.
- The components of the draft plan were modeled around the 8 components of the Coordinated School Health Program: Health Education, Physical Education, Health Services, Nutrition Services, Behavioral Health, Health School Environment, Health Promotion for Staff, and Family/Community Involvement.
- The plan recognizes that to meet the needs of all students to achieve at a high level, a comprehensive learning support system must promote healthy development and prevent problems before they occur; have adequate and appropriate interventions available as early as possible after the onset of the problem, and have a process to provide special assistance for severe and chronic problems.
- As part of this plan, and other District initiatives to support our students, all appropriate school staff who have not already done so, will need to successfully complete professional development in CHAMPS (Conversation, Help, Activity, Movement, Participation) by the start of the 2008-09 school year.

WHAT YOU NEED TO DO?

- Be aware that for students to learn, they must be healthy in both mind and body.
- Be ready to share information with your staff on how they can improve the learning supports at your school.
- Assess your staff to determine who has not completed professional development in CHAMPS and be sure they do so prior to the start of the 2008-09 school year.
- Be first to be part of the changes that the Board directs from the Strategic Plan for Wellness for your students and your staff—and you!

WHAT WILL HAPPEN IF YOU DON'T?

- Student achievement may suffer.
- Students and staff will not be able to achieve at their highest potential.
- Obesity, childhood diabetes, HIV/Aids and other growing health related issues will continue to spiral out of control.

WHO NEEDS TO KNOW?

- All staff, parents, students and community partners.

HOW WILL YOU COMMUNICATE FOLLOW-UP?

- There are communication and evaluation objectives as part of the plan; the plan will be kicked off at 3 levels based on stakeholder needs: awareness, foundations and application.

CONTACT