

2011-2012  
Physical Education Courses

**Course Title:** M/J Physical Fitness

**Course Number:** 1501000

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to improve physical fitness through participation in games, sports, gymnastics, dance, and individual and developmental activities; and to evaluate physical activities in terms of fitness values.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Physical Fitness & Career Planning

**Course Number:** 1501002

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to improve physical fitness through participation in games, sports, gymnastics, dance, and individual and developmental activities; and to evaluate physical activities in terms of fitness values.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Body Management

**Course Number:** 15010100

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in skills related to body management; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and improve or maintain health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Throw and Catch

**Course Number:** 15010200

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in throwing and catching skills; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Throw and Catch and Career Planning

**Course Number:** 15010250

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in throwing and catching skills; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and maintain or improve health-related fitness.

The career and education planning course required by Section 1003.4156, Florida Statutes, has been integrated into this course. This course must include career exploration using CHOICES or a comparable cost-effective program and educational planning using the online student advising system known as Florida Academic Counseling and Tracking for Students at the Internet website FACTS.org; and shall result in the completion of a personalized academic and career plan.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Striking with the Body

**Course Number:** 15010300

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in skills related to striking objects with the body; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Striking with the Body and Career Planning

**Course Number:** 15010350

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in skills related to striking objects with the body; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and maintain or improve health-related fitness.

The career and education planning course required by Section 1003.4156, Florida Statutes, has been integrated into this course. This course must include career exploration using CHOICES or a comparable cost-effective program and educational planning using the online student advising system known as Florida Academic Counseling and Tracking for Students at the Internet website FACTS.org; and shall result in the completion of a personalized academic and career plan.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Striking with Objects

**Course Number:** 15010400

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop competence in skills related to striking with objects; apply this knowledge and skill in games, sports, gymnastics, dance, and individual activities; and maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	



2011-2012  
Physical Education Courses

**Course Title:** M/J Strategies

**Course Number:** 15010500

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop understanding and competence in the use of strategies in games, sports, gymnastics, dance, and individual activities; develop skills in critical thinking, leadership, cooperation, and competitiveness; and maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Physical Education 1

**Course Number:** 15011000

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to develop competence in: (a) physical fitness, (b) body management skills, (c) throwing and catching skills, (d) skills related to striking with the body, (e) skills related to striking with objects, and (f) strategies for physical activities.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Physical Education 2

**Course Number:** 15011100

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to develop competence in: (a) physical fitness, (b) body management skills, (c) throwing and catching skills, (d) skills related to striking with the body, (e) skills related to striking with objects, and (f) strategies for physical activities.

This is the second course in a series of three courses (M/J Comprehensive Physical Education 1, 2, and 3) that combine all skills previously included in the following middle/junior high courses: 1501000 (M/J Physical Fitness), 1501010 (M/J Body Management), 1501020 (M/J Throwing and Catching), 1501030 (M/J Striking with the Body), 1501040 (M/J Striking with Objects), and 1501050 (M/J Strategies).

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Physical Education 3

**Course Number:** 15011120

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to develop competence in: (a) physical fitness, (b) body management skills, (c) throwing and catching skills, (d) skills related to striking with the body, (e) skills related to striking with objects, and (f) strategies for physical activities.

This is the third course in a series of three courses (M/J Comprehensive Physical Education 1, 2, and 3) that combine all skills previously included in the following middle/junior high courses: 1501000 (M/J Physical Fitness), 1501010 (M/J Body Management), 1501020 (M/J Throwing and Catching), 1501030 (M/J Striking with the Body), 1501040 (M/J Striking with Objects), and 1501050 (M/J Strategies).

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Physical Education 3 & Career Planning  
**Course Number:** 15011220  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to develop competence in: (a) physical fitness, (b) body management skills, (c) throwing and catching skills, (d) skills related to striking with the body, (e) skills related to striking with objects, and (f) strategies for physical activities.

This is the third course in a series of three courses (M/J Comprehensive Physical Education 1, 2, and 3) that combine all skills previously included in the following middle/junior high courses: 1501000 (M/J Physical Fitness), 1501010 (M/J Body Management), 1501020 (M/J Throwing and Catching), 1501030 (M/J Striking with the Body), 1501040 (M/J Striking with Objects), and 1501050 (M/J Strategies).

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Fitness-Grade 6

**Course Number:** 1508000

**Credit:** N/A

**Grade Level :** 6

**Course Description:** This fitness course is designed for 6th grade students and intended to be 18 weeks in length. The purpose of this course is to provide students with the knowledge, skills, and values they need to become healthy and physically active for a lifetime. This course addresses both the health and skill-related components of physical fitness which are critical for students' success.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Gym/Dance

**Course Number:** 15081000

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop basic-level knowledge and skills in dance and to maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Team Sports 7  
**Course Number:** 15082000  
**Credit:** N/A  
**Grade Level :** 7

**Course Description**

The objective of this course is to develop competence and understanding of strategies in games/sports, individual and developmental activities, develop critical thinking skills, develop group leadership and group membership, develop competitive and cooperative skills and improve and/or maintain health-related fitness. The content may include, but not be limited to, safety practices, assessment of health related fitness, knowledge and application of offensive and defensive strategies in activities which include throwing and catching, body management, striking with the body and striking objects, development and application of competitive and cooperative skills and fitness activities.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	



2011-2012  
Physical Education Courses

**Course Title:** M/J Outdoor/Aquatics

**Course Number:** 15083000

**Credit:** N/A

**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop basic-level knowledge and skills in swimming and safety practices and to maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Extreme/Alternate Sports 8

**Course Number:** 15084000

**Credit:** N/A

**Grade Level :** 8

**Course Description:** This course is designed for 8th grade students and is intended to be 18 weeks in length. The purpose of this course is to provide the skills, knowledge, and motivation necessary for participation in non-traditional forms of physical activity. The integration of fitness concepts throughout the content is critical to student success in this course and in the development of a healthy and physically active lifestyle.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Individual Dual Sports 8

**Course Number:** 1508500

**Credit:** N/A

**Grade Level :** 8

**Course Description**

The purpose of this course is to enable students to develop knowledge and skills in specified individual and dual sports and to maintain or improve health-related fitness.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Fitness 6/7  
**Course Number:** 15085000  
**Credit:** N/A  
**Grade Level :** 6-

**Course Description**

The objective of this course is to develop competence and understanding of strategies in games/sports, individual and developmental activities, develop critical thinking skills, develop group leadership and group membership, develop competitive and cooperative skills and improve and/or maintain health-related fitness. The content may include, but not be limited to, safety practices, assessment of health related fitness, knowledge and application of offensive and defensive strategies in activities which include throwing and catching, body management, striking with the body and striking objects, development and application of competitive and cooperative skills and fitness activities.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Comprehensive Fitness 7/8  
**Course Number:** 15087000  
**Credit:** N/A  
**Grade Level :** 7-8

**Course Description**

The objective of this course is to develop competence and understanding of strategies in games/sports, individual and developmental activities, develop critical thinking skills, develop group leadership and group membership, develop competitive and cooperative skills and improve and/or maintain health-related fitness. The content may include, but not be limited to, safety practices, assessment of health related fitness, knowledge and application of offensive and defensive strategies in activities which include throwing and catching, body management, striking with the body and striking objects, development and application of competitive and cooperative skills and fitness activities.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 1  
**Course Number:** 03000000  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop fundamental knowledge and skills in two or more dance styles, recognize choreographic processes, enhance aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 2  
**Course Number:** 03000100  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to increase fundamental knowledge and skills in two or more dance styles, apply choreographic processes, enhance aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 3  
**Course Number:** 03000200  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to develop basic knowledge and skills in three or more dance styles, apply and assess choreographic processes, increase aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	



2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 4  
**Course Number:** 03000300  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to increase basic knowledge and skills in three or more dance styles, apply and assess choreographic processes, increase aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 5  
**Course Number:** 03000400  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to increase basic knowledge and skills in three or more dance styles, apply and assess choreographic processes, increase aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance 6  
**Course Number:** 03000500  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to enable students to increase basic knowledge and skills in three or more dance styles, apply and assess choreographic processes, increase aesthetic awareness, and make connections between dance and other subject areas.

The content of this one-year course may be adjusted to accommodate a shorter schedule such as a wheel or one-semester course. This course generally requires students to participate in extra rehearsals and performances beyond the school day.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Dance for Disabled  
**Course Number:** 0300600  
**Credit:** N/A  
**Grade Level :** 6-8

**Course Description**

The purpose of this course is to provide opportunities to participate in dance movement activities and to acquire knowledge of and experiences in dance movement for exceptional students whose level of disability prohibits successful participation in other dance courses, even with reasonable modification and accommodation.

**General Course Information:**

	YES	NO	Other
Core Course Requirement		X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	

2011-2012  
Physical Education Courses

**Course Title:** M/J Adaptive PE IEP/504

**Course Number:** 1500000

**Credit:** N/A

**Grade Level :** 6-8

**Course Description:** The purpose of this course is to provide opportunities to participate in adaptive physical education. This is a yearlong course that is offered to 6-8<sup>th</sup> grade. The activities are to enhance the learning experience and to acquire knowledge of and experiences in movement for exceptional students whose level of disability prohibits successful participation in other courses, even with reasonable modification and accommodation.

**General Course Information:**

	YES	NO	Other
Core Course Requirement	X	X	
Course Level 1=below grade level, 2= at grade level, 3= above grade level			2
Receives High School Credit		X	
Advance Course		X	