

Week 1		Date:		High School Menu					
Monday		Tuesday		Wednesday		Thursday		Friday	
Entrees: Choose 1 or 2		Entrees: Choose 1 or 2		Entrees: Choose 1 or 2		Entrees: Choose 1 or 2		Entrees: Choose 1 or 2	
**Shepherds Pie / Rolls (2)		**Jambalaya/Rice		**Asian Popcorn Chicken Bowl		**Beef Taco/ Rice or Tortilla		**Fajita Chicken / Pasta or Cilantro Lemon Rice	
Chicken Boneless Wings / Biscuit				French Bread Pizza		Egg Roll / Fried Rice		Fish / Bun/Rice/Rolls (2)/Tortillas (2)	
Daily:		Daily:		Daily:		Daily:		Daily:	
Vegan Bowl (Rice & Beans)		Vegan Bowl (Rice & Beans)		Vegan Bowl (Rice & Beans)		Vegan Bowl (Rice & Beans)		Vegan Bowl (Rice & Beans)	
Wraps / Subs: Choose 2 or 3		Wraps / Subs: Choose 2 or 3		Wraps / Subs: Choose 2 or 3		Wraps / Subs: Choose 2 or 3		Wraps / Subs: Choose 2 or 3	
Hot Italian Sub		**Meat Ball Sub		Hot Italian Sub		Cuban Sandwich - Flatbread		Crispy Chicken / Buffalo	
Turkey Ham/Cheese		Crispy Chicken / Buffalo		Turkey Ham/Cheese		Crispy Chicken / Buffalo		Turkey Ham/Cheese	
Turkey/Cheese		Turkey Ham/Cheese		Turkey/Cheese		Turkey Ham/Cheese		Turkey/Cheese	
Combo		Turkey/Cheese		Combo		Turkey/Cheese		Combo	
Tuna		Combo		Tuna		Combo		Tuna	
		Tuna		***Roasted Vegetable Hummus Wrap		Tuna			
Salads: Crackers or Rolls		Salads: Crackers or Rolls		Salads: Crackers or Rolls		Salads: Crackers or Rolls		Salads: Crackers or Rolls	
1 vegan + 2 additional choices		1 vegan + 2 additional choices		1 vegan / 1 vegetarian + 1 choice		1 vegan + 2 additional choices		1 vegan / 1 vegetarian + 1 choice	
Kale Asian Salad				Kale Asian Salad					
Grill: Choose 1 or 2		Grill: Choose 1 or 2		Grill: Choose 1 or 2		Grill: Choose 1 or 2		Grill: Choose 1 or 2	
Chicken Patty / Chicken Slider		Hamburger / Cheeseburger		Chicken Patty / Chicken Slider		Hamburger / Cheeseburger		Chicken Patty / Chicken Slider	
Chicken Tenders / Rolls (2)		Chicken Tenders / Rolls (2)				Chicken Tenders / Rolls (2)			
Pizza:		Pizza:		Pizza:		Pizza:		Pizza:	
Pepperoni / Cheese pizza		Pepperoni / Cheese pizza		Pepperoni / Cheese pizza		Pepperoni / Cheese pizza		Pepperoni / Cheese pizza	
Buffalo Chicken Pizza		Buffalo Chicken Pizza		Buffalo Chicken Pizza		Buffalo Chicken Pizza		Buffalo Chicken Pizza	
Fruits:		Fruits:		Fruits:		Fruits:		Fruits:	
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Peaches		Apricots		Frozen Strawberry		Pears		Mixed Fuit	
Juice		Juice		Juice		Juice		Juice	
Vegetables:		Vegetables:		Vegetables:		Vegetables:		Vegetables:	
Fresh Green Beans*		Steamed Broccoli*		Spinach		Fresh Green Beans*		Au Gratin Potato*	
Sweet Potato Wedges * or		Italian Blend Vegetables*		Latin Style Black Beans *		Fresh Corn Cobettes/Corn*		Steamed Baby Carrots*	
Sweet Potato Waffle*		Potato Seasoned Fries		Romaine Lettuce/Tomato		Potato Seasoned Fries		Potato Wedge/Potato Smiles	
Romaine Lettuce/Tomato		Romaine Lettuce/Tomato		Roasted Dill Carrots *		Romaine Lettuce/Tomato		Romaine Lettuce/Tomato	
Cold Line:		Cold Line:		Cold Line:		Cold Line:		Cold Line:	
Baby Carrots*		Broccoli & Cucumbers Salad*		Black Beans* / Grape Tomatoes*		Zucchini & Yellow Squash Salad*		Baby Carrots*	