



BREAKFAST PRICES:

Elementary	\$1.10
Middle	\$1.20
High	\$1.20
Adult	\$1.70

February, 2012

Broward County Food and Nutrition



Breakfast

Delicious Breakfast Parfaits

Student school breakfast meals now include a breakfast parfait option. Nutritionally delicious, our parfaits, prepared fresh at school, contain yogurt, cereal and fruit. Additionally, a student may select milk and a biscuit all for the price of a school breakfast. This yummy breakfast is available to all students including students eligible for free or reduced price meals.

When students eat School Breakfast, they WIN big! Pick a LUCKY PARFAIT and be on your WAY to winning an IPAD2.


Promotion Dates:
January 9th to March 2nd
March 25th to May 18th

2 elementary students, 2 middle school students and 2 high school students will be winners of an IPAD2 during each promotional period.



Parents are encouraged to prepay for student meals.

Menu subject to change due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Only low and fat free milk served		1 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Baked Potato Triangles Milk – White or Choc	2 Egg and Cheese Biscuit Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Mixed Fruit Milk – White or Choc*	3 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Applesauce Milk – White or Choc*
6 Sausage Wrapped Pancake Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Apple Juice Milk – White or Choc*	7 Chicken Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Baked Potato Triangles Milk – White or Choc*	8 Scrambled Eggs/Grits & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Peaches Milk – White or Choc*	9 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Orange Juice Milk – White or Choc*	10 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Pineapple Chunks Milk – White or Choc*
13 Breakfast Pizza Bagel Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Diced Bartlett Pears Milk – White or Choc*	14 Mini Pancakes Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Orange Juice Milk – White or Choc*	15 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Baked Potato Triangles Milk – White or Choc*	16 Breakfast Pizza Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Mixed Fruit Milk – White or Choc*	17 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Applesauce Milk – White or Choc*
20 NO SCHOOL 	21 Chicken Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Baked Potato Triangles Milk – White or Choc*	22 Egg and Cheese Biscuit Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Peaches Milk – White or Choc*	23 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Pineapple Chunks Milk – White or Choc*	24 French Toast Sticks W/Syrup Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Orange Juice Milk – White or Choc*
27 Mini Pancakes Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Chilled Apricots Milk – White or Choc*	28 Chicken Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Orange Juice Milk – White or Choc*	29 Sausage Patty & Biscuit/Jelly Cereal & Biscuit/Jelly Yogurt & Biscuit/Jelly Baked Potato Triangles Milk – White or Choc*	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer	